



**PARENTAL CONSENT AND WAIVER OF LIABILITY**

I, the undersigned, as a parent or legal guardian of \_\_\_\_\_, do hereby consent to and agree to this person's participation in all activities during the 2017/18 wrestling season.

I further agree on behalf of myself, individually, and as the guardian of the above child, that the Elkhorn Public Schools District and the Elkhorn Wrestling Club, a Nebraska nonprofit corporation (the "Club") and the Club's members, directors, coaches, sponsors, and volunteers (collectively, the "Indemnities") shall be free from any and all liability arising out of participation in the Club's activities, including but not limited to, practices, meets, tournaments, and the Elkhorn Wrestling Club tournament. I hereby release from any and all liability the Indemnities in connection with the activities of the Club.

I further understand that it is the responsibility of the parent or legal guardian to insure the safety of the child in arriving at the location of the Club's activities and for the return of the child to their home after each such activity, including but not limited to, practices, meets, tournaments, and the Elkhorn Wrestling Club Tournament. I specifically understand that it is my responsibility to insure the safety of my child during all tournaments, including time periods when my child is not wrestling. I hereby give permission for my child to be photographed for use by the Club.

If my child needs medical treatment while participating in wrestling club activities, it is my wish that the treatment be initiated while efforts are being made to contact me so that the treatment is not delayed, and I consent to any medical procedures that the physician or medical personnel believe are needed. I accept responsibility for all costs related to such treatment.

**THIS IS A WAIVER OF LIABILITY WHICH SHOULD BE READ PRIOR TO SIGNING. DO NOT SIGN THIS DOCUMENT UNLESS YOU HAVE READ THE ABOVE STATEMENT.**

\_\_\_\_\_  
Signature of Parent or Legal Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Insurance Company **(REQUIRED)**

\_\_\_\_\_  
Policy Number **(REQUIRED)**

In the event that any wrestler is injured during a practice or tournament, our procedure is as follows:

If a parent is present, we will ask the parent to make all decisions as to treatment. It is the parent's responsibility to ascertain the seriousness of the injuries and the course of treatment. Upon request, we will call for an ambulance, but only at the parent's request.

If a parent is not present, we will make a determination as to the extent and seriousness of the injury. If it is not a clear emergency, we will attempt to contact the parent to come and make the decision. As a last resort, we will transport the child home, or, if in doubt as to the seriousness of the injury, we will call an ambulance.

**ELKHORN WRESTLING CLUB CODE OF CONDUCT**

The Elkhorn Wrestling Club set forth this Code of Conduct to establish guidelines for the behavior of wrestlers, parents, and coaches during participation in the activities of the Club.

Our objective is to promote discipline, sportsmanship, and mutual respect among Club members, opponents, coaches, and referees. We will conduct ourselves in a manner that reflects positively on the organization and its members.

Wrestlers will treat other wrestlers, referees, and coaches with respect. Wrestlers will shake hands with an opponent before and after matches, and will shake hands with opposing coaches after matches. Wrestlers will not argue with referees or coaches. Wrestlers will display good sportsmanship after both wins and losses.

Coaches will treat wrestlers, referees, and other coaches with respect. Coaches will shake hands with opposing wrestlers after each match. Coaches will conduct the Club activities with a proper measure of discipline, and will expect proper behavior from Club wrestlers. Coaches will take appropriate action to curb disruptive behavior. Coaches will not physically abuse wrestlers in the course of addressing disruptive behavior. Coaches will set an example for wrestlers, and will refrain from swearing, using alcohol or tobacco, and other behaviors that would be considered contrary to the Elkhorn Wrestling Club Code of Conduct.

Parents are expected to assist in setting the proper example for the wrestlers. Parents will not argue with coaches or referees. Parents are welcome to watch practices, but will not engage in disruptive behavior or contradict the direction provided by the coaches. Parents will set an example for wrestlers, and will refrain from swearing, using alcohol or tobacco, and other behaviors that would be considered contrary to the Elkhorn Wrestling Club Code of Conduct.

In the event of problems with coaches, parents, or wrestlers regarding the Code of Conduct, the Club Board of Directors reserves the right to warn, suspend, or ban wrestlers, parents, or coaches from any and all Club activities. The decision of the board will be final.

Parent\ Legal Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Please like us on Facebook as we use this as a Secondary method to communicate with the members of the club throughout the season. We will also post updates on our website [www.elkhornwrestling.org](http://www.elkhornwrestling.org)

The season will begin in early November, Please watch for updates via email and also on Facebook as the start of the season gets closer.

Tournaments will begin in December and will generally be held each weekend on either Saturday or Sunday. You will receive a schedule via email with the tournaments the club will be participating in. These are the tournaments we will have club coaches available to coach your wrestler. We typically attend one tournament each week.

Each wrestler must separately register and pay the entry fee to the other tournaments (normally \$20) with the exception of the Elkhorn Wrestling Club Tournament and 2 Club selected tournaments. Each tournament also charges admission fees for parents and additional children not wrestling.

**Parents are required to work the Elkhorn Wrestling Club Tournament on February 25, 2018 to receive deposit refund. Please save the date, as this is our only fundraiser that helps to support the Elkhorn and Elkhorn South high school wrestling boosters. A \$75 refund is contingent on both return of the singlet and volunteering for the tournament.**

### **Concussion Policy:**

The Elkhorn Wrestling Club has put in place a concussion protocol. If at any time during a practice, dual, tournament or any other club activity there is reason to believe a wrestler has symptoms of a concussion; the wrestler will be removed from the activity immediately and not allowed to participate for the remainder of the event. If a trainer is present, the wrestler will be evaluated or appropriate action will be taken if no parent is present including medical attention. Please refer to Parental consent and waiver of liability. If a wrestler is removed from a club event with suspicion of a concussion, a doctor's note must be provided to the head coach of the practice group and Terry Herr clearly stating the wrestler has been cleared to participate in practice or a tournament prior to participating in any club activity.